

HOUSE CLEANING CHECKLIST


Name:

Today's date:

Now is a good time to catch up on some home cleaning tasks. Use this checklist to complete necessary home cleaning tasks. If you're able to print, print out several checklists and use this as a reminder to help out at home. If you're not able to print, use this list as a reference and write down, on separate sheets of paper, what tasks you have completed. Please put your name and date on each. Check the tasks that you helped to do. Do as much as you can to help out. Please do AT LEAST 3 tasks a day. You may add in any additional tasks you have done. SAVE all of your lists and report to your contacting teacher what you have done. Please be honest. It will get you moving a bit, give you a sense of accomplishment and you'll be helping your family and household. Remember to disinfect regularly. It's very important!

House Cleaning Checklist

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DAILY	WEEKLY	MONTHLY
Kitchen		
<input type="checkbox"/> Wash dishes <input type="checkbox"/> Clear and wipe table <input type="checkbox"/> Wipe countertops and stove <input type="checkbox"/> Wipe the sink <input type="checkbox"/> Sweep <input type="checkbox"/> Wipe up spots on the floor <input type="checkbox"/> Take out trash	<input type="checkbox"/> Wipe up spills in fridge <input type="checkbox"/> Throw out old food <input type="checkbox"/> Clean outside of appliances <input type="checkbox"/> Scrub and shine sink <input type="checkbox"/> Shake or vacuum rugs <input type="checkbox"/> Mop	<input type="checkbox"/> Dust blinds and vacuum curtains <input type="checkbox"/> Wash windows <input type="checkbox"/> Wipe cupboard doors <input type="checkbox"/> Clean fridge <input type="checkbox"/> Clean oven and oven hood <input type="checkbox"/> Clean small appliances <input type="checkbox"/> Wash trash can
Bathroom		
<input type="checkbox"/> Spray shower with shower mist <input type="checkbox"/> Clean mirror <input type="checkbox"/> Wipe the sink and counter <input type="checkbox"/> Clean the toilet bowl <input type="checkbox"/> Wipe toilet seat and rim <input type="checkbox"/>	<input type="checkbox"/> Mop <input type="checkbox"/> Clean sink/countertop <input type="checkbox"/> Wipe door/knobs <input type="checkbox"/> Clean tub <input type="checkbox"/> Clean outside of toilet <input type="checkbox"/> Empty trash <input type="checkbox"/> Shake or vacuum rugs	<input type="checkbox"/> Clean showerhead <input type="checkbox"/> Wash windows <input type="checkbox"/> Wash rugs <input type="checkbox"/> Wash trash can
Bedrooms		
<input type="checkbox"/> Make bed <input type="checkbox"/> Straighten nightstand <input type="checkbox"/> Put clothes away <input type="checkbox"/>	<input type="checkbox"/> Change sheets <input type="checkbox"/> Dust <input type="checkbox"/> Vacuum	<input type="checkbox"/> Straighten shoes <input type="checkbox"/> Straighten drawers <input type="checkbox"/> Dust blinds/vacuum curtains <input type="checkbox"/> Wash windows <input type="checkbox"/> Vacuum around the edges of room
Living/Family Rooms		
<input type="checkbox"/> Clean up the clutter <input type="checkbox"/> Straighten pillows/cushions <input type="checkbox"/> Straighten coffee/end tables <input type="checkbox"/> Wipe spots off tables <input type="checkbox"/>	<input type="checkbox"/> Dust <input type="checkbox"/> Vacuum <input type="checkbox"/> Straighten books, DVD's, etc. <input type="checkbox"/>	<input type="checkbox"/> Clean mirrors/dust pictures <input type="checkbox"/> Clean electronics <input type="checkbox"/> Dust blinds/vacuum curtains <input type="checkbox"/> Wash windows <input type="checkbox"/> Vacuum couch <input type="checkbox"/> Vacuum around the edges of room
Home Office		
<input type="checkbox"/> Clean up the clutter <input type="checkbox"/> Sort mail <input type="checkbox"/>	<input type="checkbox"/> File Papers <input type="checkbox"/> Dust <input type="checkbox"/> Vacuum	<input type="checkbox"/> Clean mirrors/dust pictures <input type="checkbox"/> Dust blinds/vacuum curtains <input type="checkbox"/> Wash windows <input type="checkbox"/> Vacuum around the edges of room
Laundry / Utility Room		
<input type="checkbox"/> Laundry - clothes <input type="checkbox"/> Sweep <input type="checkbox"/>	<input type="checkbox"/> Dust shelves <input type="checkbox"/> Wipe washer/dryer <input type="checkbox"/> Clean sink/countertops <input type="checkbox"/> Wash bedding and towels <input type="checkbox"/> Remove lint from dryer vent	<input type="checkbox"/> Clean insides of washer/dryer <input type="checkbox"/> Wash windows <input type="checkbox"/> Change filters on heating/AC units <input type="checkbox"/> Mop
Entryway / Porch		
<input type="checkbox"/> Pick up clutter <input type="checkbox"/>	<input type="checkbox"/> Sweep entry and steps	<input type="checkbox"/> Wash windows <input type="checkbox"/> Wash hand rails and door

<http://www.vertex42.com/ExcelTemplate/house-cleaning-schedule-checklist.html>